

# Eric Daishin McCabe

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## EDUCATION

### **Master of Divinity Equivalency**

- Granted by Board of Chaplaincy Certification Incorporated, 2015

### **5 Units Clinical Pastoral Education**

- Wellspan Health York Hospital, York, PA - Aug 2013 - Jul 2014
- Hershey Medical Center, Hershey, PA - May 2013 - Aug 2013

### **Soto Zen Buddhist Training**

- Mount Equity Zendo, Pennsdale, PA - Feb 1998 - April 2013
- Shogoji Monastery, Kumamoto, Japan - Nov 2010 - Jan 2011
- Blue Cliff Monastery, Pine Bush, NY - Oct 2009
- Gotanjoji Monastery, Echizen, Japan - Apr 2007
- Plum Village, Meyrac, France - Jun 2006
- Jikoji Zen Center, Los Gatos, CA - Oct 2007
- Zuioji Monastery, Nihama, Japan - Mar - Jun 2004
- Hosshinji Monastery, Obama, Japan, 2002
- Hokyoji Monastery, Japan, 2002
- Kappa Zen Dojo, Takamatsu, Japan, 2002
- Tassajara Zen Mountain Center, Carmel Valley, CA - Apr - Dec 1999
- Nebraska Zen Center, Omaha, NE - Jan - Mar 1999

### **Bachelor of Arts in Religion (with Honors) and Biology, Bucknell University, Lewisburg, PA** Aug 1991 - May 1995

- Senior year honors thesis on Interfaith Dialogue
- Men's Swim Team, 4 years
- Dearstyne-Dorr Award for leadership in swimming

## EXPERIENCE

### **Adjunct Instructor, Des Moines Area Community College, January 2016 – Present**

- Teaching Survey of World Religions

### **Ordained Buddhist Priest, 2004 - Present**

- University guest lecturer

- Dharma talks to Buddhist communities
- Sutra study and classes (Mahayana, Theravada, Vajrayana)
- Mindfulness retreats and meditation classes
- Zen calligraphy workshops
- Private spiritual counseling
- Prison visits
- KHOI radio show: “A Zen Monk and a Professor Walk into a Bar”
- Interfaith dialogue

### **ORDINATION & CERTIFICATIONS**

Kokusaifukyoshi, “International Teacher” Status from Soto Zen School, Japan July 2012

### **BOARD LEADERSHIP AND MEMBERSHIPS**

Cedar Rapids Zen Center, April 2016 - Present

Iowa Interfaith Power and Light, Board Member, January 2015 - Present

Soto Zen Buddhist Association, Board Member, October 2010 – October 2016

### **SELECTED RECENT PRESENTATIONS**

Lecture on Trauma Sensitive Yoga, Central Iowa Psychological Services, Ames, June 3<sup>rd</sup>, 2017.

Lecture on Flower Ornament Sutra (Avatamsaka Sutra), Cedar Rapids Zen Center, March 18<sup>th</sup> – 20<sup>th</sup>, 2017.

Japanese Zen Calligraphy Guest Teacher, Grand View University, November 2016.

Guest Teacher, Unitarian-Universalist Fellowship of Ames, Mindfulness Meditation Group, 3 lectures, October 2016.

Guest Teacher, Worldwide Insight, an Online Buddhist Community, October 2016.

Zen Calligraphy Workshop, 6 Week Workshop, Des Moines Arts Center, February & March, 2016.

Des Moines Zen Center, “Brush Compassion” Calligraphy Workshop (You Tube Video Demonstration: <http://zenfields.org/calligraphy/>), August 2015.

**References available upon request**